



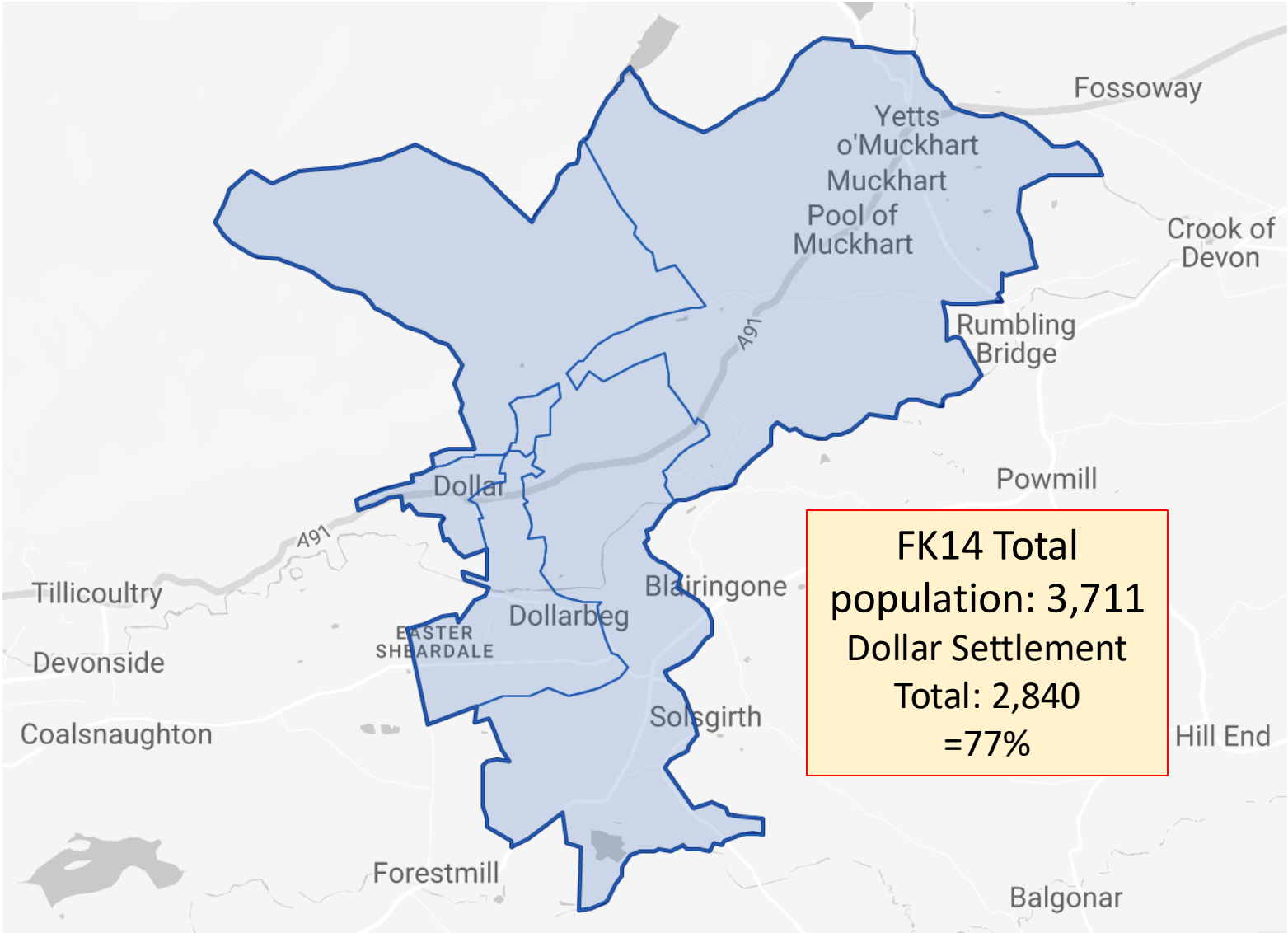
## Hillfoots Cycling Hub Dollar and Muckhart Programmes 2024 – 25

Following the DWSP Operational Plan project funded by CLLD it was decided to crack on with Cycling programmes in preparation for a move to the DWSP as soon as a Pavilion and Storage Facility could be built





# FK14 Community Sports Hub Catchment Zone



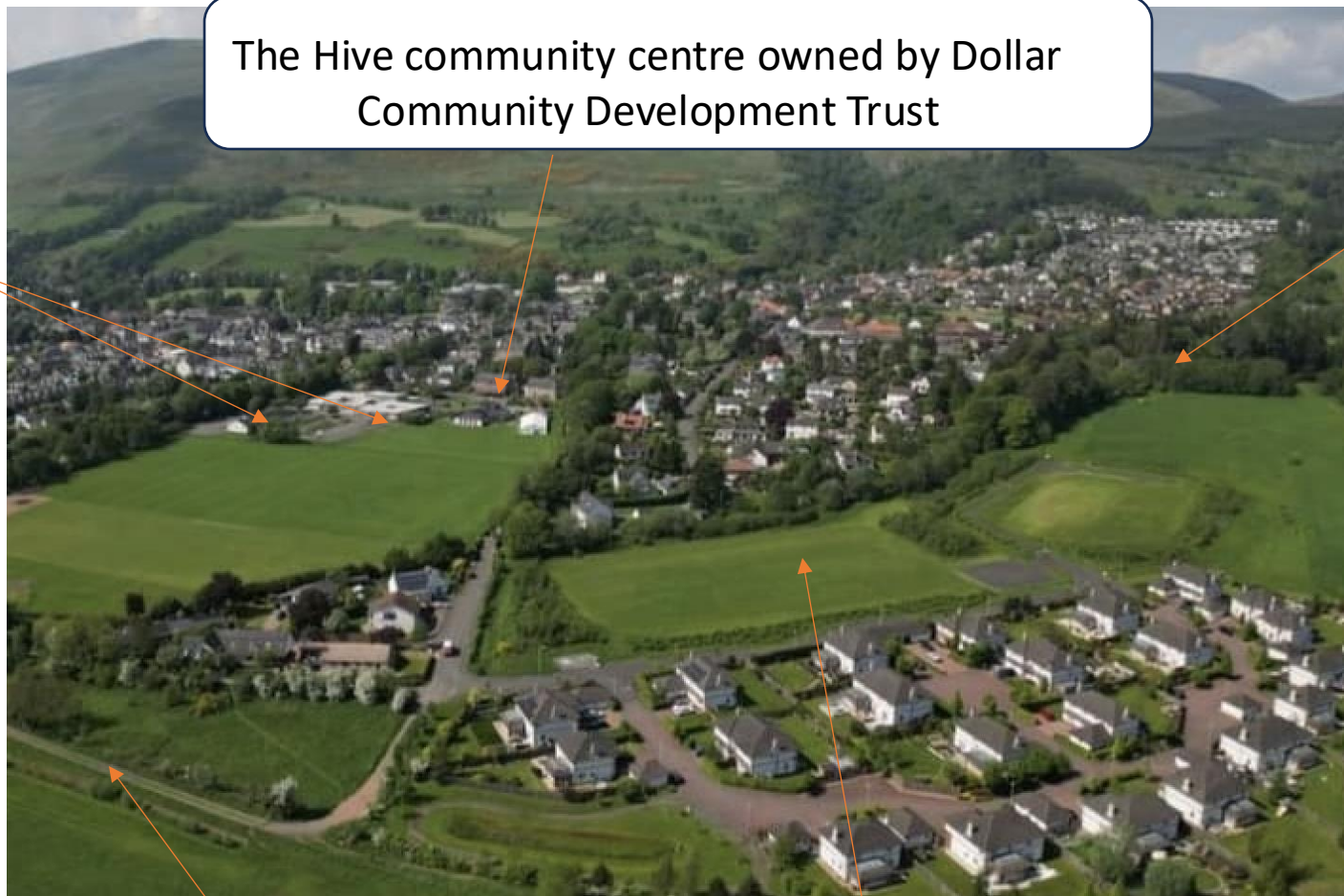
Source: National Records Scotland March 2022

# Dollar Orientation

Dollar Health  
Centre and  
Strathdevon  
Primary School

The Hive community centre owned by Dollar  
Community Development Trust

A92 Stirling to  
St Andrews via  
Muckhart



Devon Way  
Cycle Track

THE DEVON WAY  
SPORTS PARK



# Hillfoots Cycling Hub Dollar and Muckhart Programmes 2024 -25 August 2024

Serial	2024 Programme Title	Target Groups	Target Group FK14 Pop	Clacks CSH Network Share	Funding and Licensing Source
HCH 1	Hillfoots Community Cycling Club Mixed social rides	25-59 Men and women	1,491	Yes	Scottish Cycling
		Men	707		
		Women	784		
HCH 2	Procurement and maintenance of enabling Loan/pool Bike fleet	Relevant programmes	Programme dependant	Yes	Cycling UK (£27k grant)
HCH 3	Set up Hillfoots Disability Cycling Centre Training and Delivery Sep-Dec	FVDS partership advice	FVDS partership advice	Yes	Scottish Cycling +
HCH 4	Chidren's Mountain Bike Camp 17-21 July	10 -16 Girls and Boys	264	Yes	Scottish Cycling (incl in £6.2k grant)
HCH 5	Adult Training 20 Sessions in FY24-25	25 - 59 adult	1491	Yes	Cycling Scotland
		Male 16-24	212		
		Female 16-24	170		





# Programme HCH 1

## Hillfoots Community Cycling Club

Registered with  
Scottish Cycling in  
December 2023



Several social rides  
organised during  
2024





## Programme HCH 2

### Hire Bike Fleet

This is a space to welcome visitors to the site. Grab their attention with copy that clearly states what the site is about, and add an engaging image or video.



# Active Travel Bike Fleet Funding Award

## Cycling UK Cycle Access Fund – Shared Use Strand

### £27,129 Award to DCDT in August 2024



#### **X4 e-Bikes**

- E-Bikes to encourage all members of the community to come and have a go at cycling the Devon way even if fitness maybe a barrier
- Having E-Mountain Bikes will allow members of the community to take part in led rides into the Ochil hills

#### **X2 Mountain Bikes**

- A small fleet of MTB is ideal for accessing the Devon Way Cycle Track and Ochils
- Model chosen has a single chain ring for ease of maintenance

#### **X4 Commuter Bikes**

- X2 Light hybrid commuter cycles perfect for riding to Alloa for work or for fun
- Opportunity to try out accessing Clacks Cycle Track Network
- Ideal commuter cycle with fitted mudguards and easy fit frame to introduce off road experiences





# Active Travel Bike Fleet Funding Award

## Cycle Access Fund – Shared Use Strand

£27,129 Award to DCDT



### Bike Storage Units

- X2 Asgard Police Approved Units
- Installation costs

### Essential Bike Equipment

- X10 Helmets, lights, security chains, air pumps
- Selection of maintenance spares

### Operating cost assistance

- Paid trained keyholders to manage fleet operations
- Training of volunteer cycle ride leaders

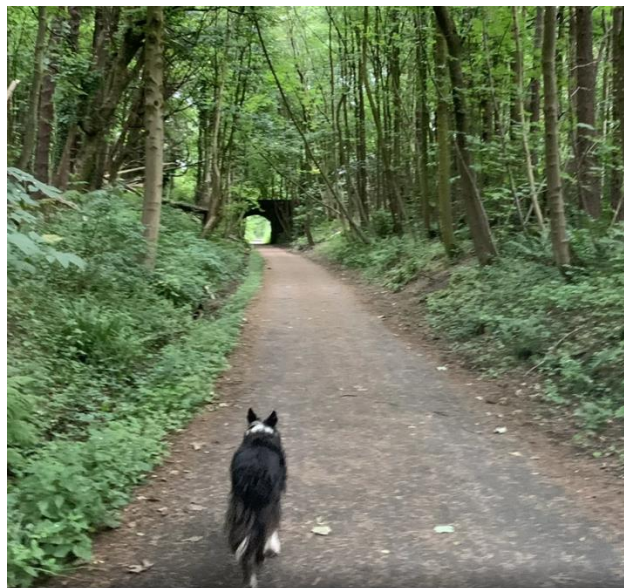






# Programme HCH 3

## Hillfoots Disabled Cycling Centre



# Hillfoots Disability Cycling Centre

## Proposed Adapted E-bikes

Adapted bikes as demonstrated by Nicola Moriarty Coordinator Forth Valley Disability Sport in July 2023

The VanRamm VeloPlus wheelchair transport bicycle, the passenger can stay in their own wheelchair.

Almost any hand-powered wheelchair can be easily and quickly ridden and locked into place onto the tilting platform of the wheelchair bicycle by a single person.



- No step through easy to take your seat
- 1 person steers both can pedal
- Very agile it can rotate around its own axis
- Better communication due to seats next to each other
- Stable and firm
- Front basket for luggage



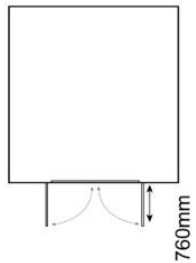
# Hillfoots Disability Cycling Centre

## Setting up a Disability Cycling Centre – Bike Storage

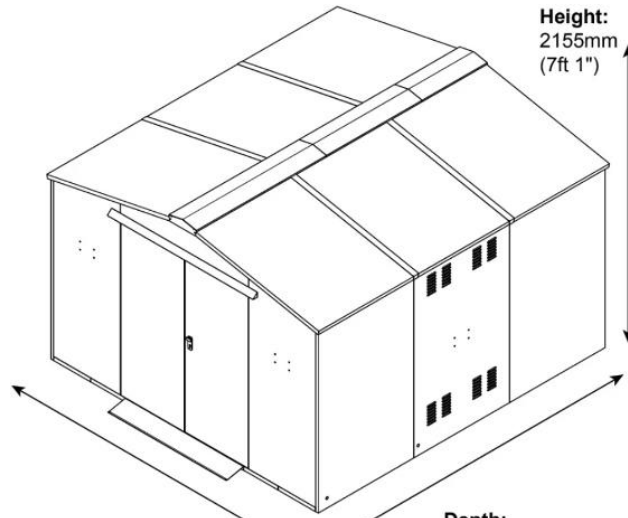
### With support from Clackmannanshire Council Active Travel

**GARRISON (HIGH SECURITY)  
CYCLE WORKSHOP/ BIKE STORAGE x16  
EXTERNAL MEASUREMENTS**

**Weight:**  
628.5kg (99 stone)  
**Door Aperture:**  
1690mm (5ft 6") x  
1420mm (4ft 7")



**Door Clearance**  
760mm (2ft 6")



**Width:** 3050mm (10ft)  
**Width Including Roof:**  
3109mm (10ft 2")

**Depth:**  
3277mm  
(10ft 9")

**Depth with Ramp:**  
3475mm  
(11ft 5")

**Electric Ready**



# Hillfoots Disability Cycling Centre

## Setting up a Disability Cycling Centre - Training



### Cycle Activity Leader

A one day course that is designed for anyone introducing cycling activities to groups with Additional Support Needs.



### Cycle Ride Leader & Assistant Cycle Ride Leader

This course covers the skills necessary to lead group rides, both on quiet roads and on recognised cycle paths.





# Hillfoots Disability Cycling Centre Proposed Operations in Dollar

3. Access to Dollar Health Centre by East Burnside

4. Dollar Health Centre parking and meeting point for Passengers

5. Devon Way Cycle Track  
START and FINISH



2. THE HIVE  
Adapted bike  
Storage and  
Recharging Station

1. THE HIVE  
Meeting Point for  
qualified adapted  
cycle pilots and  
session organisers



# Programme HCH 4

## Children's Mountain Bike Summer Camp

15<sup>th</sup> – 19<sup>th</sup> July 2024





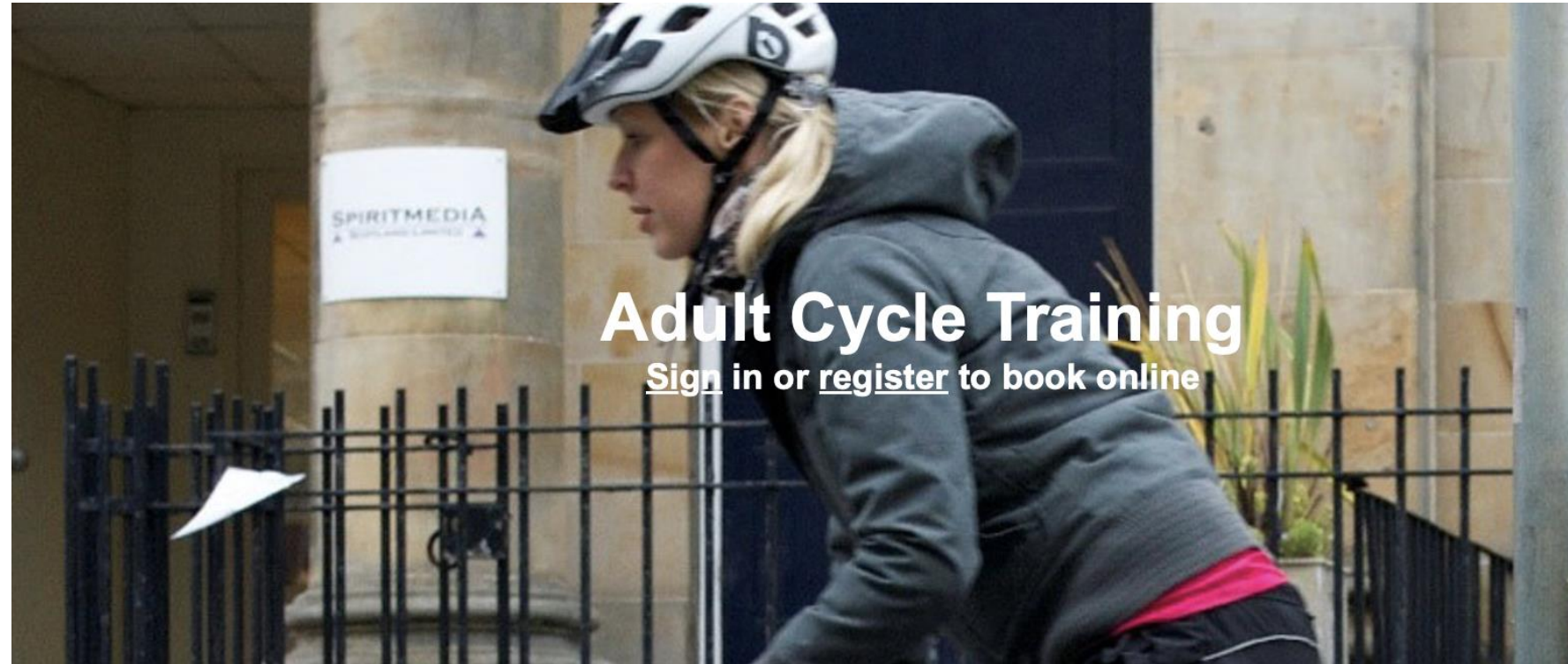


Adult Cycle Training classes are 2.5-hour practical training modules for anyone who wants to learn to cycle and develop their confidence on a bike. Minimum age – 16 years

There are three distinct modules, depending on your experience:

1. Absolute Beginners
2. Introduction to on-road cycling
3. Advanced on-road cycling

## Programme HCH 5



Hillfoots Cycling Hub awarded 20 sessions by Cycling Scotland September 2024 to March 2025





**We've just got started**