



'All Ages and Abilities' Vision and
a simple Participation Mission

Dollar Glen FC leading the Vision

£44k Funding for Cycling Programmes

Dedicated Website

Stakeholders' Involvement

Emphasis on Collaboration

ABOUT Active Dollar Community Sports Hub October 2024

FK14 Catchment Area – Pop 3711 in 2021

Developing the
the sportscotland CSH model
within a rural environment

a Wealth of Views and Ideas resulting from
the Community Engagement Campaign 2022
and the
results of the 2024 CLLD Funded
Operational Plans

SCIO constitutional objective

<https://www.activedollarcommunitysportshub.com>

Core Operational Objectives are
Promotion and Impact Projects

Connecting with Muckhart

Wide Range of Providers

Sport/Activity Balance

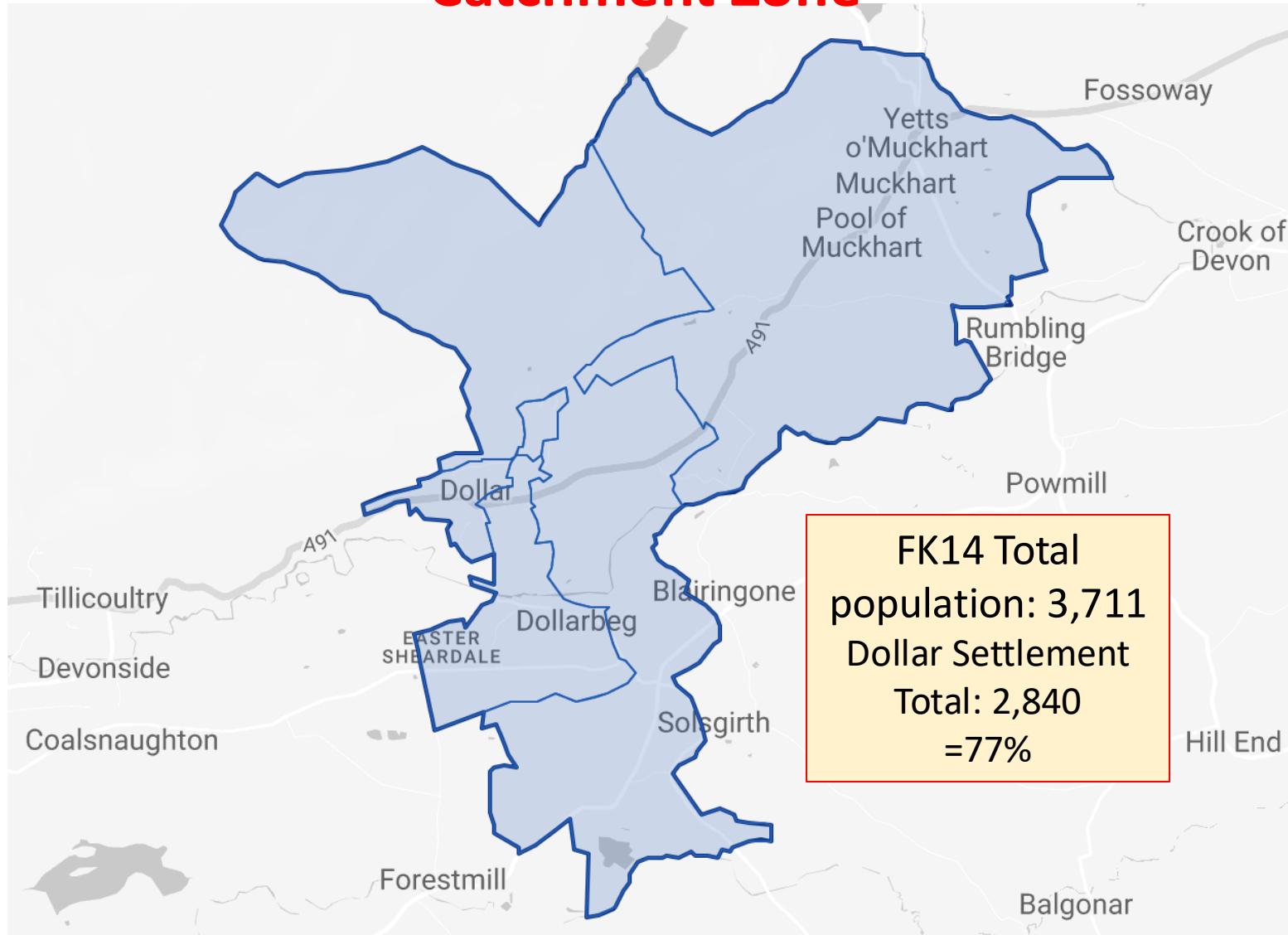
Understanding Community Needs

Acting on Community Opinions



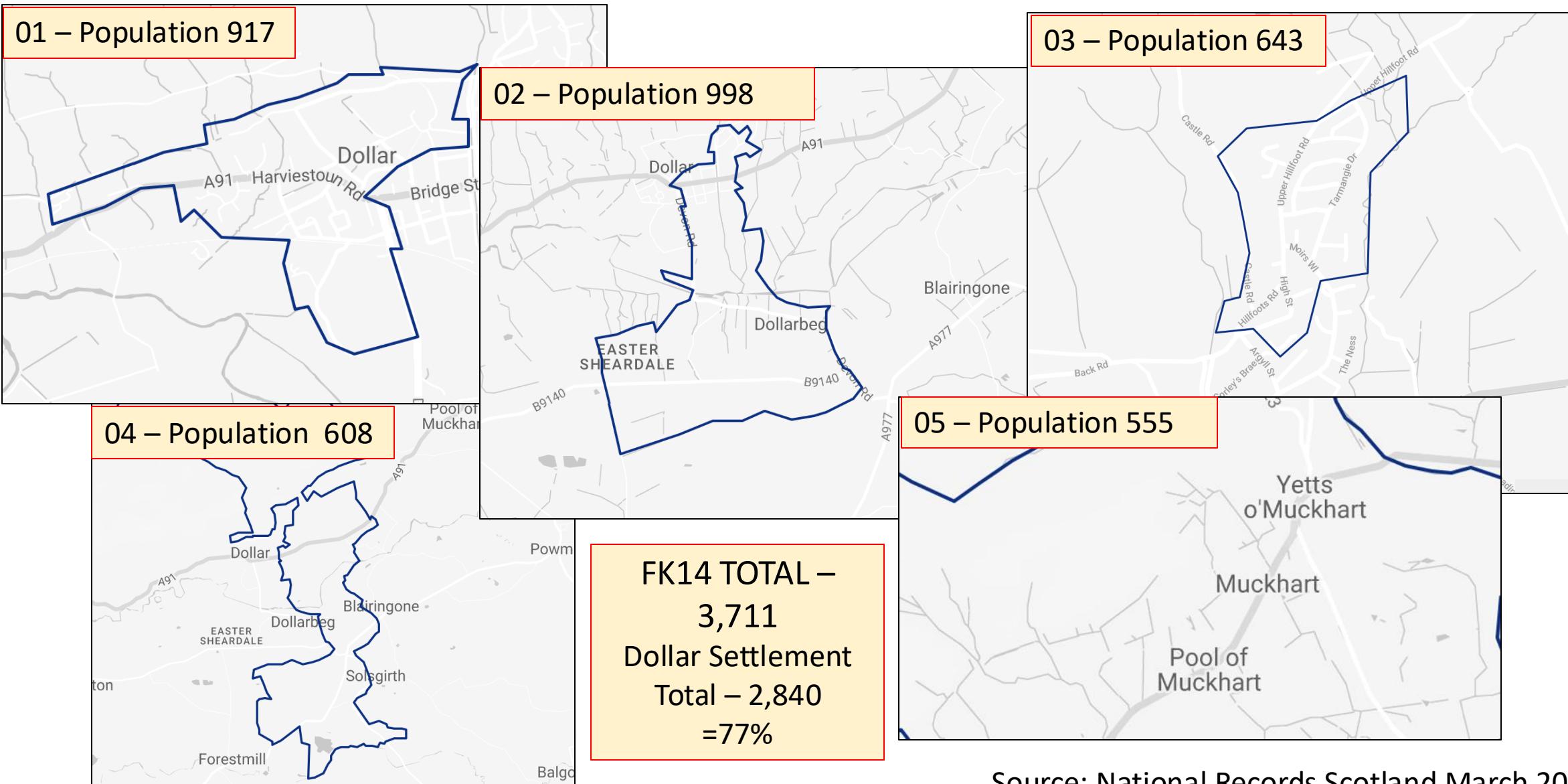


FK14 Dollar Muckhart Catchment Zone



Source: National Records Scotland March 2022

FK14 Catchment Dataset Areas 2021



Source: National Records Scotland March 2022



Core Operational Objective 1:

**Promote Providers of Sport & Activity
Benefits**





Active Dollar Website – Acts like a Big Signpost

The website signposts the sports and activities that can be enjoyed by residents and visitors.

Providers contribute their own content.

Sports clubs and youth organisations have their own facilities with programmes guided by their organising body. There are links to individual websites giving more information.

The two main activity indoor venues The Hive, Dollar, and the Coronation Hall, Muckhart, advertise their own events and classes.

Website includes a periodic Newsletter for Providers to advertise activities, chances to vote on event options and a bike hire booking process.

<https://www.activedollarcommunitysportshub.com>





PROVIDERS



Clubs and organisers and deliverers of sporting and activity OPPORTUNITIES

- **Sport/Activity Clubs**

- Cricket Club
- Bowling Club
- Dollar Glen Football Club
- Dollar 9 Hole Golf Course
- Muckhart Golf Club
- Tennis Club
- Squash Club
- Swimming clubs
- Pony Trekking, Glendevon

- **Youth Organisations**

- The Scout Group
- Guiding Group
- Centre Stage Dance



- **Hive and Coronation Hall Based Classes**

- Hatha Yoga
- Chair Supported Yoga
- Barre Fit
- Pilates
- Sporty Seniors
- Table Tennis
- Tai Chi, Taekwondo

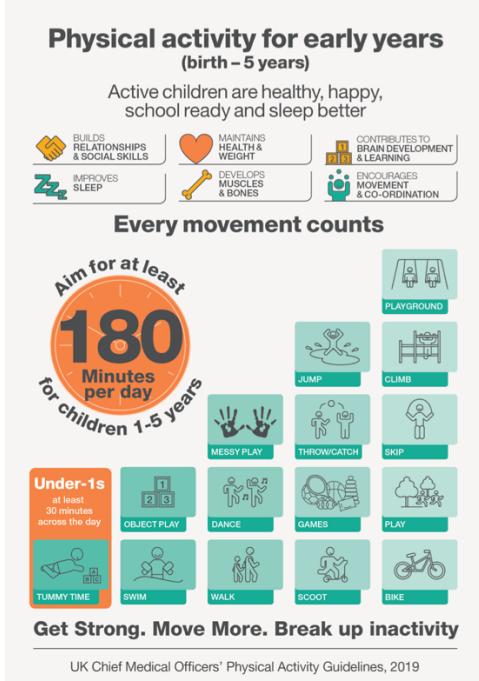


Why Sport and Activity is important to everyone

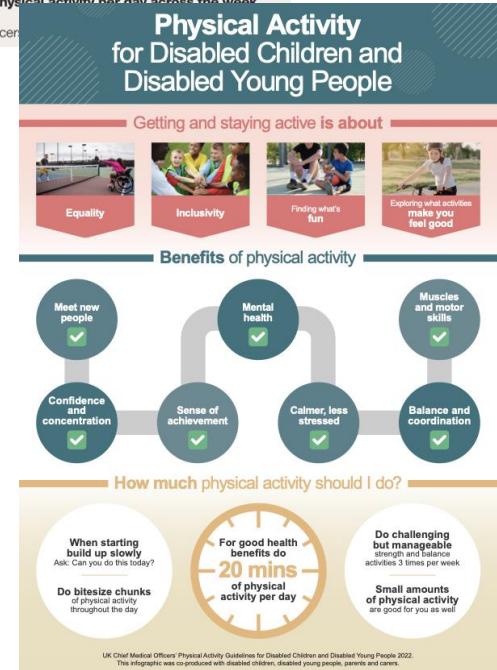
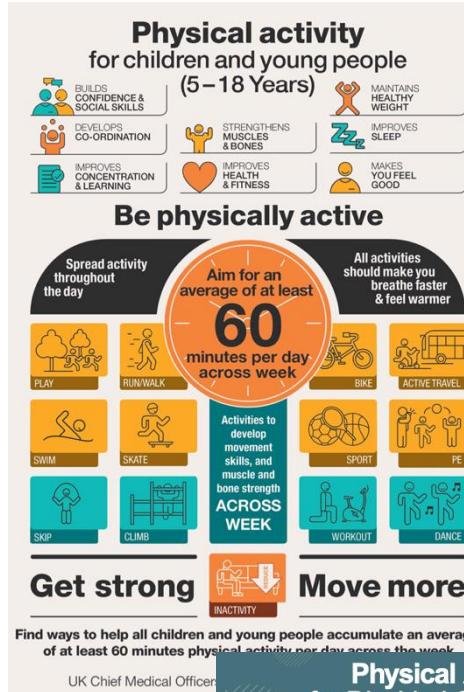
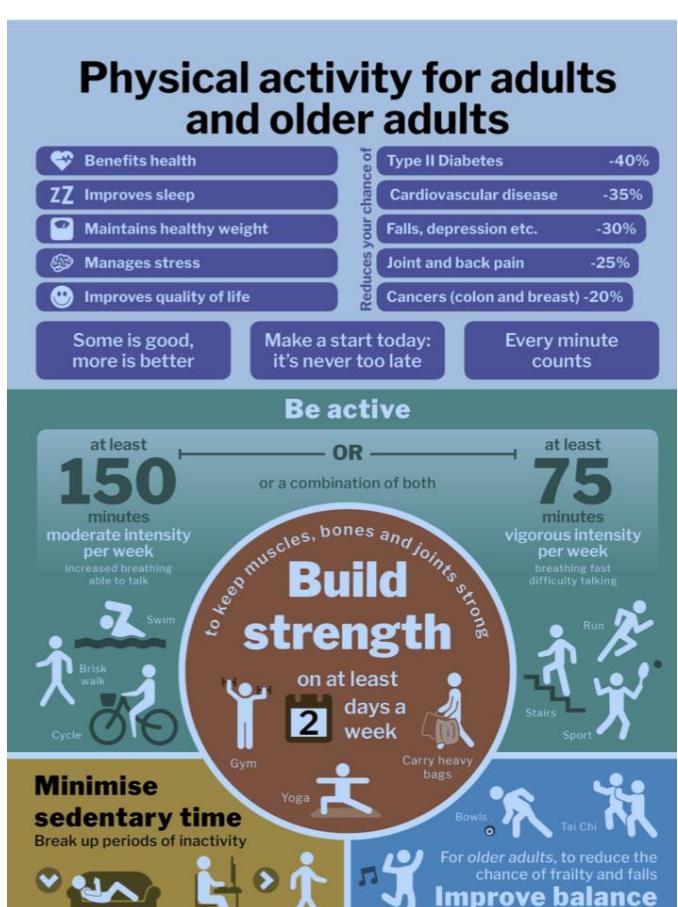
"If physical activity were a drug, we would refer to it as a miracle cure, due to the great many illnesses it can prevent and help treat

Physical activity is not just a health issue. It brings people together to enjoy shared activities and contributes to building strong communities"

UK Chief Medical Officers' Physical Activity Guidelines 2019



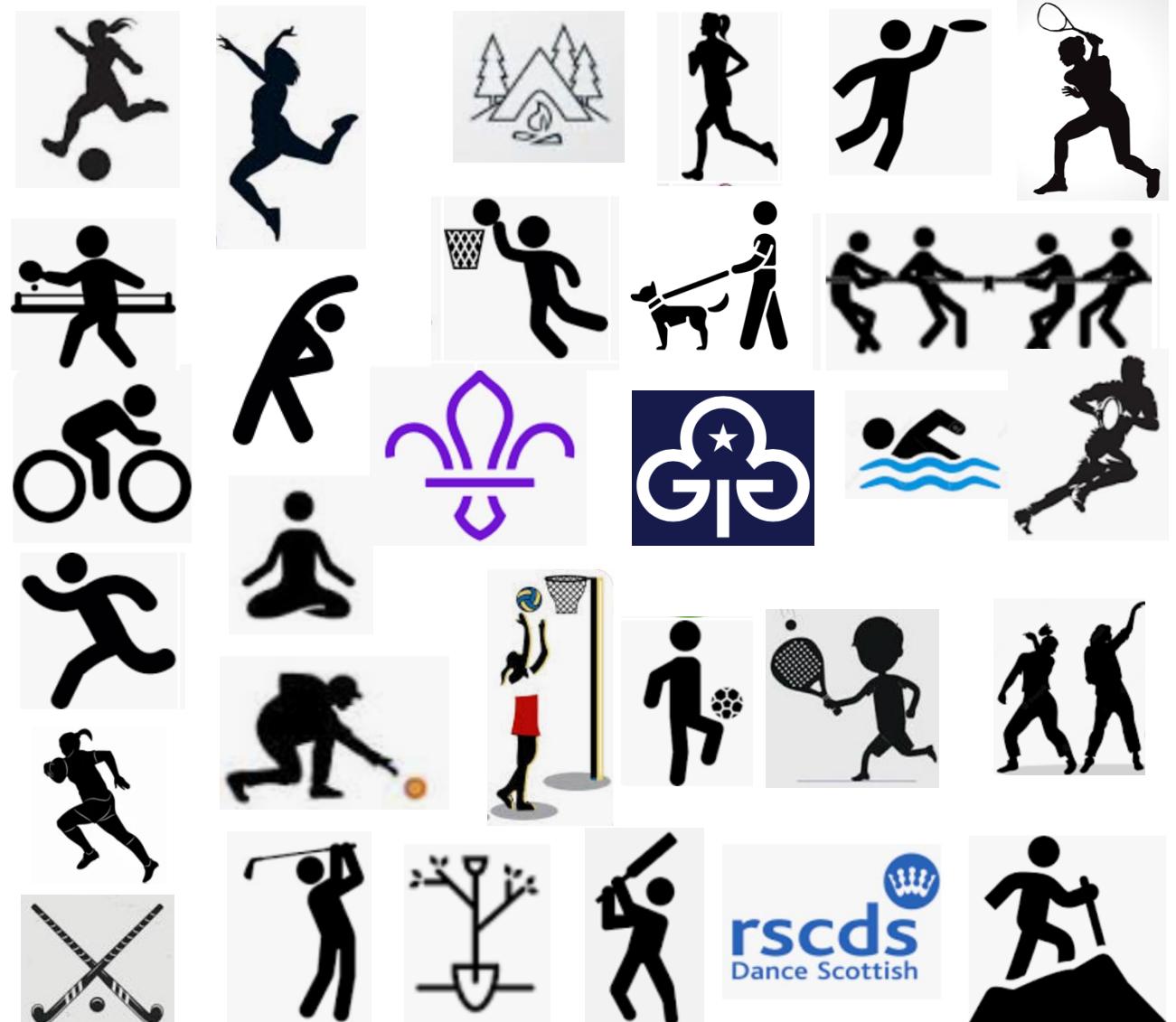
Physical Activity Guidance





Our Vision

“With **COLLABORATION** between
PROVIDERS and **STAKEHOLDERS**
the **COMMUNITY** will have access
to...
...a **COORDINATED PROGRAMME**
OF SPORT and ACTIVITY....
... for **PARTICIPANTS** of **ALL AGES**
and **ABILITIES**”





Participation Mission

“At any stage of their life, everyone can participate in at least three sports or activities”

There is agreement that the potential for adult participation can be increased by:

- Enabling a choice of sports
- providing inclusive opportunities which develop self-belief
- adopting activities that are built round task-completion rather than competition
- selecting activities for their potential for post-school participation, which will rarely be achieved via team sports

The social benefits of sport – Professor Fred Coulter



Images copied from sportscotland publicity



CYCLING on the website

Discover the dynamic world of cycling at Active Dollar

Our cycling programmes offer something for everyone, from leisurely rides through scenic routes to competitive training sessions for seasoned cyclists.

<https://www.activedollarcommunitysportshub.com/cycling-in-dollar>

Hillfoots Community Cycling Club





FOOTBALL on the website

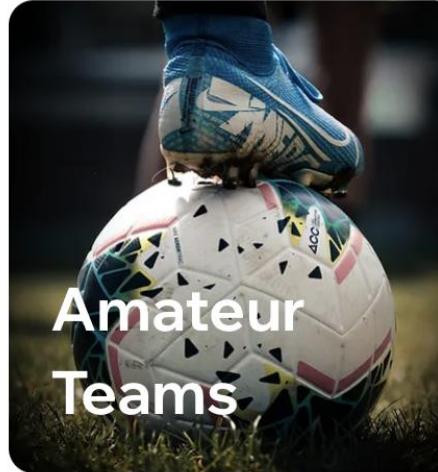


Come and join Dollar Glen Football Club.

We are a community football club here to provide, foster and develop football for young and not so young people from Dollar and the surrounding area.

The club currently holds a Scottish Football Association Silver Quality Mark.

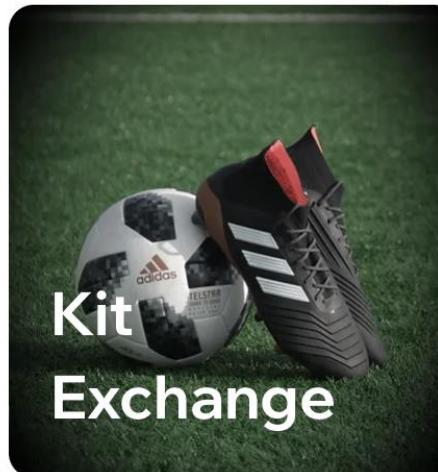
<https://www.activedollarcommunitysportshub.com/play-football-in-dollar>



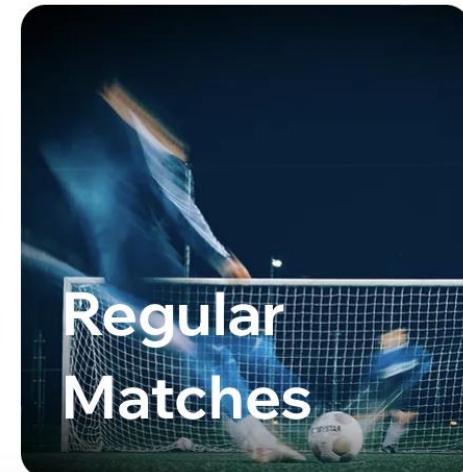
Amateur
Teams



Children's
Classes



Kit
Exchange



Regular
Matches



Guiding Principles



Realising the community's ideas and desire for **participation** in sports and **activity for all ages and abilities** can be achieved by adopting the **Community Sports Hub Five Guiding Principles**





Adapted Pillars Model

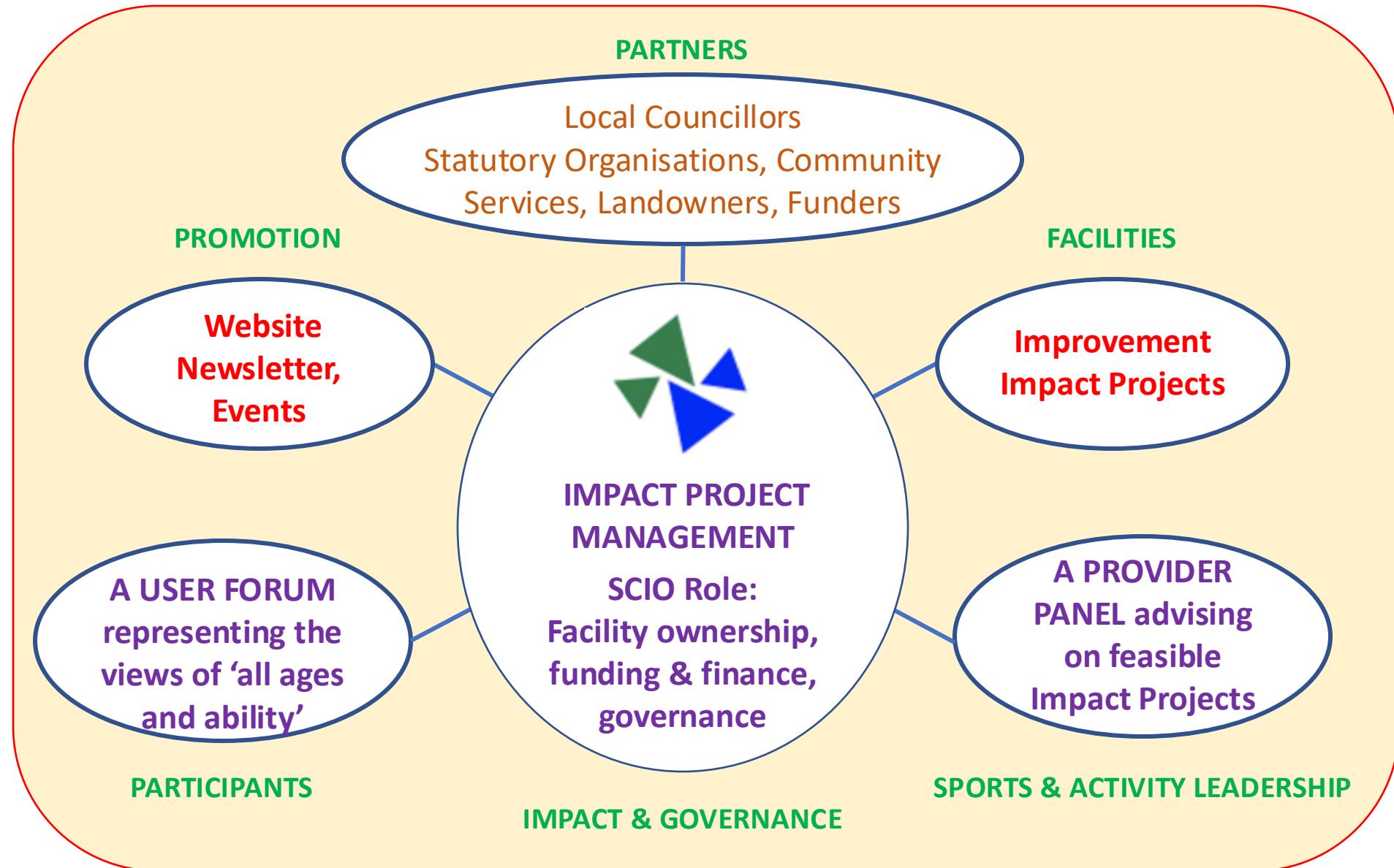


- We will support existing sport and activity **leaders and providers** in adapting the sportscotland Community Sports Hub Model
- Together we can enable our **Participation Mission** for the people of FK14 and **Change Lives**

Founding pillars	The approach each CSH adopts	The Community Sport Hub Officer network supports Community Sport Hubs to....
 Meeting community needs	Inclusive Responsive	...understand the barriers people face and proactively address them ...adapt what they do based on how they are doing and what's happening around them
 Fostering community collaboration	Accountable Collaborative	...plan well, measure their performance and be accountable for delivering outcomes ...develop and strengthen partnerships and collaborations across public, voluntary, and private sectors
 Empowering community leaders	Person-centred Continuously improving	...listen to people and put their voices at the heart of their thinking ...do everything to the highest possible standard, whilst seeking to continuously improve



Structure and Connections





Updating Stakeholders

Distribution of Workshop reports, Participants Forum feedback, Providers Panel Impact Assessments

- **Statutory Bodies**

- Elected Councillors
- Clackmannanshire Council
- Cycling UK
- Sportscotland
 - Scottish Football Association
 - Scottish Cycling
 - Cycling Scotland
- Forth Valley Disability Sport
- Dollar Community Council
- Muckhart Community Council

- **FK14 Community Services & Organisations**

- Dollar Academy
- Dollar Health Centre
- Strathdevon Primary School
- Muckhart Primary School
- Harviestoun Estate
- DCDT

- **Funding Organisations**

- Sportscotland Facilities Fund
- Clacks Council Community Sports Hub Coordinator
- Foundation Scotland
- Other Funding bodies
 - Scottish Rural Network
 - Cycling UK
 - Scottish Cycling
 - Cycling Scotland



TENNIS on the website



Dollar Tennis Club offers great facilities for social and competitive tennis...

...with four outdoor astroturf courts available - three of which can be floodlit...

...and a charming clubhouse with a south-facing veranda.

<https://www.activedollarcommunitysportshub.com/play-tennis-in-dollar>





Core Operational Objective 2:

**Key Impact Projects to Develop Facilities
that enable the Participation Mission**



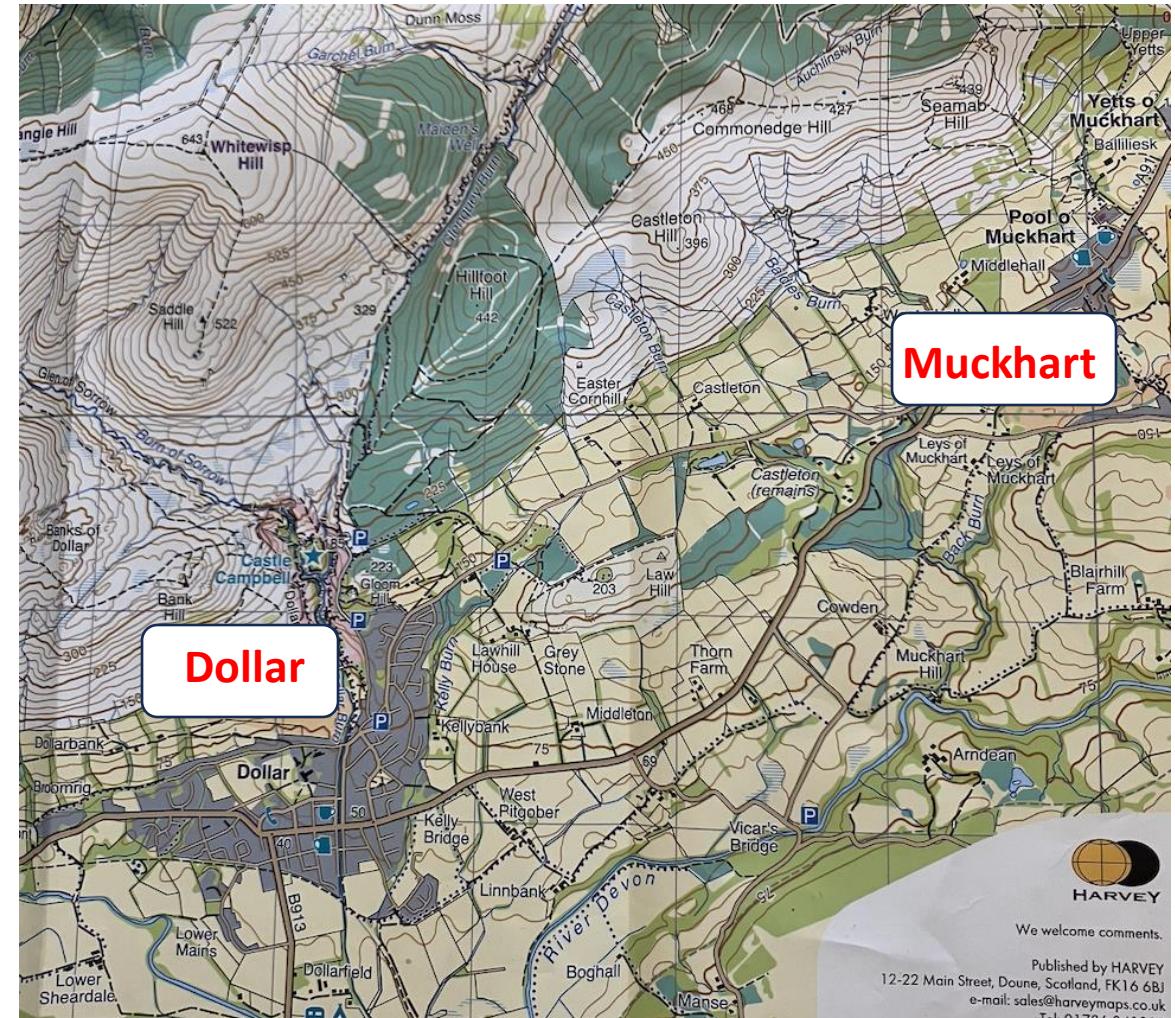


Muckhart – Dollar Active Travel

Key IMPACT Project

Connecting Muckhart with Dollar by Footpath and Cycle Way

- **THE OBJECTIVE IS A SAFE AND ACTIVE TRAVEL ROUTE BETWEEN THE LOCATIONS**
- Already part of the Clackmannanshire Active Travel 'to do' list
- Project collaboration with Muckhart & Dollar CCs and Clackmannanshire Council
- Needs engagement with a steering committee of walkers and cyclists from Muckhart and Dollar
- Will require seed funding for planning and technical input





Devon Way Sports Park

Key IMPACT Project





Devon Way Sports Park

Phase 1 – Pavilion Proposal



Incorporating facilities to support DGFC, Hillfoots Community Cycling Club, Cycling Programmes and Community Events Programmes

Based on Fife Cycle Centre Pavilion Lochgelly:

- Team changing facilities shared with multiple sports and activities
- Indoor Area for event organisation, winter training and team social
- Disabled access and toilet facilities





Devon Way Sports Park

FOOTBALL PROGRAMMES



Women's
Social
Squad

Adult squad
playing in
SFA Amateur
League

DYNAMOES
Children's
Coaching
Incl ASN team

Over
35 Men's
squad



DOLLAR GLEN FOOTBALL CLUB
Governance and Finance
Pitch booking
Children Wellbeing and Protection
Coaching qualification
SFA Regulations compliance

Mixed
Walking Football
Social
Squad

 DOLLAR





Devon Way Sports Park

Community Engagement Survey 2022



A wide range of ideas were expressed about **Community Events** that could be held at the sports park venue for. Top suggestions include:

- Taster sports/come-and-try-it events
- Sport and Activity Provider Open Day (clubs, classes etc)
- Family bike events
- Novelty Family Highland Games
- Tournaments for Football and other sports e.g. touch rugby, hockey
- Activity themed Gala/Fete/Fayre
- Scout and Guides Group Activities



Devon Way Sports Park

Community Engagement Survey 2022



A wide range of ideas were expressed about **Organised Sport Activity** that could be held at the sports park venue for. Top suggestions include:

FOOTBALL other than adult league team:

- Men 5-a-side
- Women's football
- u35's football
- Mixed Walking football

- **HOCKEY**
- **RUNNING**
 - PARK RUN style group
 - Jogging venue
- **HILL WALKERS BASE**

RUGBY:

- Children's 6-aside Touch Rugby
- Women and Men Walking rugby



Devon Way Sports Park

COMMUNITY EVENT PROGRAMMES



Create a 3 year Calendar of new sports and physical activity

Realise the Community Aspirations expressed during Engagement Campaign 2022

Increase health & fitness Awareness and opportunities



Regularly review opportunities for Target Participation Groups

Seven Objectives

Develop partnerships local, regional and national

Grow volunteer/ coach capacity

Align with current Sport and Activity Programmes



National Cycle Routes to and from Dollar and Muckhart





Devon Way Sports Park

CYCLING PROGRAMMES



Establish
a Disability
Cycling
Centre

Support
the Hillfoots
Community
Cycling Club

Regular
Training /Coaching
for Adults and
Children

**Cycling
Scotland**

Build Cycle
Ride Leadership
Capacity

Seven Objectives

we are
cycling
UK

Purchase a
Fleet of
All Ability
Bikes

Map
Hillfoots
Walking and Cycle
Routes

Build the
Capability to host
Future cycling
Events

SCOTTISH
CYCLING